

Restless

Choreographie: Marie Kerschbaumer
Beschreibung: 48 Count, 2 Wall, 8-Count-Tag, Intermediate/Advanced, Polka, Country
Musik: Restless by Lacy J. Dalton (120 BPM)

heel-together r+l, heel-hook-heel-together r+l, triple step fwd r

1 RF touch heel forward
& RF step together
2 LF touch heel forward
& LF step together
3 RF touch heel forward
& RF hook over left shin
4 RF touch heel forward
& RF step together
5 LF touch heel forward
& LF hook over right shin
6 LF touch heel forward
& LF step together
7 RF step forward
& LF step next to RF
8 RF step forward

step, pivot $\frac{1}{2}$ r, $\frac{1}{4}$ turn r and chasse l, syncopated weave, cross

9 LF step forward
10 $\frac{1}{2}$ turn right (RF weight) (6.00)
& $\frac{1}{4}$ turn right (9.00)
11 LF step side left
& RF step next to LF
12 LF step side left
13 RF cross behind
& LF step side left
14 RF cross over
& LF step side left
15 RF cross behind
& LF step side left
16 RF cross over

(Tag/Brücke in der 6 Runde)

Side rock, sailor step with $\frac{1}{4}$ turn l, kick steps 4x

17 LF side step left
18 RF recover weight
19 $\frac{1}{4}$ turn l and LF cross behind (6.00)
& RF step side right
20 LF step forward
21 RF kick forward
& RF step forward
22 LF kick forward
& LF step forward
23 RF kick forward
& RF step forward
24 LF kick forward
& LF step forward

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rock step, full turn r with hitch, together, point l, cross, point r, sweep with $\frac{1}{2}$ turn r together, hold

25 RF step forward
26 LF recover weight
& Full turn right (6.00) and RF hitch
27 RF step together
28 LF point side left
29 LF cross over
30 RF point side right
31 RF sweep $\frac{1}{2}$ turn right together (12.00)
32 Hold

applejacks (l,r,l,l, r,l,r,r)

33 LF Swivel toes L, RF Swivel heel L
& BF Recover to centre
34 RF Swivel toes R, LF Swivel heel R
& BF Recover to centre
35 LF Swivel toes L, RF Swivel heel L
& BF Recover to centre
36 LF Swivel toes L, RF Swivel heel L
& BF Recover to centre
37 RF Swivel toes R, LF Swivel heel R
& BF Recover to centre
38 LF Swivel toes L, RF Swivel heel L
& BF Recover to centre
39 RF Swivel toes R, LF Swivel heel R
& BF Recover to centre
40 RF Swivel toes R, LF Swivel heel R & BF Recover to centre (RF weighted)

triple step fwd l, scuff-hitch- $\frac{1}{2}$ turn l-back, touch-hitch- $\frac{1}{2}$ turn l-step fwd, hitch-touch- $\frac{1}{4}$ turn l 2x

41 LF step forward
& RF step next to LF
42 LF step forward
43 RF scuff
& RF hitch
44 $\frac{1}{2}$ turn left (6.00) and RF back
45 LF touch together
& LF hitch $\frac{1}{2}$ turn left (12.00)
46 LF forward
& RF hitch
47 RF touch behind
& $\frac{1}{4}$ turn left RF hitch (9.00)
48 RF touch behind
& $\frac{1}{4}$ turn left RF hitch

Tag/Brücke

Rock step LF , triple turn l ,RF sweep $\frac{1}{2}$ turn l touch together, triple step fwd r